



SAFE USE OF LADDERS & STEP LADDERS Course Programme (Half Day)

Aim of the course: To train workers in appropriate risk control techniques to ensure work off ladders and step ladders is undertaken safely.

Objectives

- To understand the duties and responsibilities of employers and employees.
- To understand the risk control hierarchy and risk control options.
- To understand the importance of safe means of access.
- To identify suitable activities for using ladders / stepladders.
- To understand the pre-use checks for ladders / step ladders.
- To understand and demonstrate how ladders / step ladders should be positioned.

Methods used: PowerPoint presentations, videos and practical demonstrations.

Course content:

- Introduction
- Legislation & Guidance
- Classification of ladders / step ladders
- Pre-use checks and inspections of ladders / stepladders
- Selecting the right access equipment
- Correct positioning of ladders / stepladders
- Safe use of ladders / stepladders
- End of day review



A **Certificate of Competence** is awarded to all delegates who attend the course. This Certificate is valid for 3 years.

How do I book a place on the Course?

Courses are delivered either in-house or at various venues throughout the Year; for further details or to book a place on the Course please contact us:

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